ABSTRACT OF THE DISCLOSURE

Cubic boron nitride abrasive grains which are substantially mono-crystalline and assume a black color. Such abrasive grains preferably have a specific packing ratio. Such abrasive grains are obtained by adding a boron source during synthesizing cubic boron nitride. By using such abrasive grains, a grinding wheel or a coated abrasive, which can improve surface roughness of ground workpieces while maintaining reduced grinding power, is formed.